

## [A–] Introduction

Many writers, commentators, and leaders from all walks of life invest their time and energy in explaining the parlous state of humanity and the threats to our natural world.

I do not need to go into that detail when referring to those threats. It serves no purpose in telling you what you already know.

This guide is about something you may or may not know much about – if anything.

What follows points to and explains the cause and solution to each human-created problem and how we best face and address each challenge life throws up, or we create.

Unbeknown to most, there exists a state of mind beyond that portrayed on the evening news – the entrenched positions of right and wrong, good and evil, my way or the highway, environmental destruction and economic inequality.

Beyond that state – our state – of impossibility thinking exists **Possibility**.

Possibility is the part of our mind in which we function at a higher level of *awareness* – where we are indiscriminately kind and understanding. It's an innate part of our mind where we are naturally in service to each other, the common good and the natural world.

**The Realm of Possibility** is home to our inherent wisdom and common sense – where we *see* with profound clarity and, from that *seeing*, contribute rather than take. It is a state where we are at peace and in love with life.

This guide describes our natural state of independence and interdependence. It points unerringly to a state in which we *recognise* when we are at war with ourselves, with each other and with nature – where we *see* that we are not separate from but one with life and becoming *aware* that we are Life.

It addresses what's missing for many: a *conscious understanding* of the source of human-created conditions, conditions that others might, or we might impose on each other, other sentient creatures and the natural world.

In understanding how we function psychologically, we *see*:

- how to transform ourselves
- how to be in harmony with nature, each other, and the essence of Life.

Doing so brings humanity – and all who live on planet Earth – into a state of sustainability.

Up close and personal, this guide explains the source and solution to the day-to-day upsets that can grip each of us.

It reveals how we can resolve even the more severe problems manifesting in the present-day catastrophes that could destroy us all.

It is a guide intended to be an ongoing catalyst for *seeing* and *understanding* how you and your kindred humans function – in a state of Possibility or impossibility.

More importantly, it will be on hand to point the way to our inner world of Possibility, where our peace and personal power reside.

Warmly ... John

